*We gather in solidarity with women religious for*

***Communal Contemplative Prayer – Date, 20xx***

***Settle into the immense Love in which we live and move and have our being....***

Most Holy One, my Beloved One,

In this moment I turn my entire self towards you

as a flower turns to absorb sunlight,

as children lift their faces and arms to welcome summer rain.

I turn my entire self to you, I tune myself to you

as I feel the music of your presence in me.

*Follow the path of these words, or simply follow the Spirit.*

***What If? -*** *words and music by Sister Miriam Therese Winter, Medical Mission Sisters*

What if the day had finally come when all Earth realizes

Sacred is made manifest in myriad shapes and sizes,

while all creation hears a single song and harmonizes:

We are one! We are one!

From all that makes us different,

a single web is spun;

all inclusive, all is sacred. We are one.

What if we put aside the many forces that divide us,

bringing to the forefront all the good that is inside us,

gracefully embracing opportunities denied us:

We are one! We are one!

From all that makes us different,

a single web is spun;

all inclusive, all is sacred. We are one.

What if amid the chaos of a graced emancipation,

we start anew and see it through beyond all expectation.

What if, awash with inner peace, we rise in celebration:

We are one! We are one!

From all that makes us different,

a single web is spun;

all inclusive, all is sacred. We are one:

all inclusive, all is sacred. We are one.

***30 minutes of silence***

***We welcome one another’s reflections and prayers****.*

**Closing:** Dear God, may we never forget how much we need each other. After all, we are connected through your creation. Let us not be afraid to talk, to laugh, to cry, and to share stories and our lives with each other. Amen.

Or: Come, Holy Spirit. Fill the hearts of your faithful and kindle in us the fire of your love. Send forth your Spirit and we shall be created, and You shall renew the face of Earth. Amen.

Settling in: modified from Sacred Space, a website of the Irish Jesuits

The poem is from the inside cover of the 2021 calendar of the Medical Mission Sisters. I cannot find the music online.

First Closing prayer option: Maria Shriver’s Sunday Paper <https://www.mariashriversundaypaper.com/>